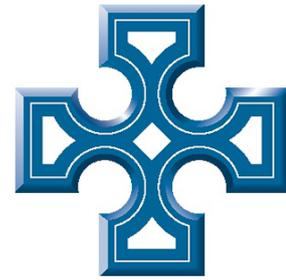


**The Twelfth Sunday after Trinity**  
30th August 2020



The Lord be with you  
**and also with you.**

Hymn: 662 He who would valiant be

Beloved in Christ, we come together to offer to Almighty God our worship and praise and thanksgiving, to confess our sins and to receive God's forgiveness, to hear his holy word proclaimed, to bring before him our needs and the needs of the world, and to pray that in the power of his Spirit we may serve him and know the greatness of his love.

Let us confess our sins to God our Father. Kneel.  
Silence is kept.

**Heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault; by what we have done and by what we have failed to do. We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ who died for us, forgive us all that is past; and grant that we may serve you in newness of life to the glory of your name. Amen.**

*The Absolution.*

Almighty God, who forgives all who truly repent, have mercy on you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Proclaiming and Receiving the Word - We Stand

O Lord, open our lips  
**and our mouth will proclaim your praise.**

God, make speed to save us.

**O Lord, make haste to help us.**

Glory to the Father, and to the Son, and to the Holy Spirit;

**as it was in the beginning, is now, and shall be for ever. Amen.**

Praise the Lord.

**The Lord s name be praised.**

Psalm 105

O give thanks to the Lord and call upon his name;

**make known his deeds among the peoples.**

Sing to him, sing praises,

**and tell of all his marvellous works.**

Rejoice in the praise of his holy name;

**let the hearts of them rejoice who seek the Lord.**

Seek the Lord and his strength;

**seek his face continually.**

Remember the marvels he has done,

**his wonders and the judgements of his mouth,**

O seed of Abraham his servant,

**O children of Jacob his chosen.**

Then Israel came into Egypt;

**Jacob sojourned in the land of Ham.**

And the Lord made his people exceedingly fruitful;

**he made them too many for their adversaries,**

Whose heart he turned, so that they hated his people

**and dealt craftily with his servants.**

Then sent he Moses his servant

**and Aaron whom he had chosen.**

That they might keep his statutes

**and faithfully observe his laws. Alleluia.**

Glory to the Father, and to the Son, and to the Holy Spirit;

**as it was in the beginning, is now, and shall be for ever. Amen.**

The First lesson : Romans 12: 9-21

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strangers.

Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, 'Vengeance is mine, I will repay, says the Lord.' No, 'if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads.' Do not be overcome by evil, but overcome evil with good.

This is the Word of the Lord

**Thanks be to God**

The Cantic : Venite - Psalm 95 v 1-7

O come, let us sing unto the Lord:

**let us heartily rejoice in the strength of our salvation.**

Let us come before his presence with thanksgiving

**and shew ourselves glad in him with psalms.**

For the Lord is a great God and a great King above all gods.

**In his hand are all the corners of the earth and the strength of the hills is his also.**

The sea is his, and he made it,

**and his hands prepared the dry land.**

O come, let us worship and fall down and kneel before the Lord our Maker.

**For he is the Lord our God; and we are the people of his pasture, and the sheep of his hand.**

Glory be to the Father, and to the Son, and to the Holy Spirit;

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**

The Second Lesson: Matthew 16: 21-28

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.'

Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

'For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'

This is the Gospel of the Lord  
**Praise to you Lord Jesus Christ.**

Sermon - The Rector - Canon Michael Parker

The Apostles Creed

**I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand**

**of the Father, and he will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

The Lord be with you  
**and also with you.**

Let us pray - we kneel together

Lord, have mercy.  
**Christ, have mercy.**  
Lord, have mercy.

**Our Father in heaven, hallowed be your name, your kingdom come,  
your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever. Amen.**

Show us your mercy, O Lord,  
**and grant us your salvation.**  
O Lord, save the Queen  
**and grant her government wisdom.**  
Let your ministers be clothed with righteousness  
**and let your servants shout for joy.**  
O Lord, save your people  
**and bless those whom you have chosen.**  
Give peace in our time, O Lord,  
**and let your glory be over all the earth.**  
O God, make clean our hearts within us  
**and renew us by your Holy Spirit.**

*The Collect for the Twelfth Sunday after Trinity*

Almighty and everlasting God, you are always more ready to hear than we to pray and to give more than either we desire, or deserve:

Pour down upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things which we are not worthy to ask save through the merits and mediation of Jesus Christ your Son our Lord. **Amen.**

**O God, the author of peace and lover of concord, to know you is eternal life, and to serve you is perfect freedom: Defend us in all assaults of our enemies, that we, surely trusting in your protection, may not fear the power of any adversaries; through Jesus Christ our Lord. Amen.**

**Heavenly Father, in whom we live and move and have our being: We humbly pray that your Holy Spirit may so guide and govern us that in all the cares and occupations of our daily life, we may never forget your presence but may remember that we are always walking in your sight, through Jesus Christ our Lord. Amen.**

Hymn 634 Love Divine, all loves excelling

Prayers of Intercession

Lord of Glory

**Grant us your peace**

*As we close our prayers we keep silence.*

The Lord be with you

**And also with you.**

Let us bless the Lord

**Thanks be to God**

May the God of all hope fill you with all joy & peace in believing, so that by the Holy Spirit you may abound in hope. **Amen.**

## Parish Notices

**Bangor Storehouse :** We have begun collecting again for Storehouse. Please try and support our local food banks if you can. They make all the difference.

**Christian Aid:** Beirut is reeling after the explosion there has damaged so much of that city. Christian Aid are appealing for help - [www.christianaid.ie](http://www.christianaid.ie) to give directly. Or you can ring 9064 8133 to make a donation to the Belfast office.

We are hoping to distribute a Lockdown edition of the church magazine. Would you like to help with the distribution of that? Give the Rector a ring if you can.

Our Youtube and Facebook channels are working well for folks who are isolating at home. Google St Gall's Church to find our parish website. Put St Gall's Church into YouTube and 'Like' and 'Subscribe' to the St Gall's channel.