

St Gall's Church  
A Service of Morning Prayer

On the 12th Sunday after Trinity - 22nd August 2021

The Collect for Today

Almighty and everlasting God, you are always more ready to hear than we to pray  
and to give more than either we desire, or deserve: Pour down upon us the  
abundance of your mercy,  
forgiving us those things of which our conscience is afraid, and giving us those  
good things which we are not worthy to ask save through the merits and  
mediation of Jesus Christ your Son our Lord. Amen.

The Psalm for today is Psalm 84 on page 689 of the Book of Common Prayer

1st Lesson : Ephesians 6: 10-20

Finally, be strong in the Lord and in the strength of his power. Put on the  
whole armour of God, so that you may be able to stand against the wiles of  
the devil. For our struggle is not against enemies of blood and flesh, but  
against the rulers, against the authorities, against the cosmic powers of this  
present darkness, against the spiritual forces of evil in the heavenly places.

Therefore take up the whole armour of God, so that you may be able to  
withstand on that evil day, and having done everything, to stand firm. Stand  
therefore, and fasten the belt of truth around your waist, and put on the  
breastplate of righteousness. As shoes for your feet put on whatever will make  
you ready to proclaim the gospel of peace. With all of these, take the shield of  
faith, with which you will be able to quench all the flaming arrows of the evil  
one. Take the helmet of salvation, and the sword of the Spirit, which is the  
word of God.

Pray in the Spirit at all times in every prayer and supplication. To that end  
keep alert and always persevere in supplication for all the saints. Pray also for  
me, so that when I speak, a message may be given to me to make known with  
boldness the mystery of the gospel, for which I am an ambassador in chains.  
Pray that I may declare it boldly, as I must speak.

This is the Word of the Lord  
Thanks be to God

## 2nd Lesson : John 6: 56-69

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.' He said these things while he was teaching in the synagogue at Capernaum.

When many of his disciples heard it, they said, 'This teaching is difficult; who can accept it?' But Jesus, being aware that his disciples were complaining about it, said to them, 'Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.' For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, 'For this reason I have told you that no one can come to me unless it is granted by the Father.'

Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, 'Do you also wish to go away?' Simon Peter answered him, 'Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.'

This is the Gospel of the Lord  
Praise to you, Lord Jesus Christ

The Post Communion Prayer

God of compassion, in this eucharist we know again your forgiveness and the healing power of your love. Grant that we who are made whole in Christ

may bring that forgiveness and healing to this broken world, in the name of Jesus Christ our Lord. Amen.

## Church Notices

Next Sunday - 13th Sunday after Trinity

Holy Communion at 8.30 a.m.. BYO bread & wine.

10 a.m. Morning Prayer

Wednesday - Holy Communion at 10.30 a.m. BYO bread & wine.

**The Church Magazine** We are printing a September edition. The magazine will be available for distribution on Sunday 29th August - Next Sunday.

### **Circle of Change**

Thank you to everyone who came along and supported the Wednesday event. Storytelling and music made for a lovely evening and all in a great cause. Further updates on the Churchwardens tattoo to follow with the September magazine.

### **Indoor Bowling Club**

Want to try something new? Come along to St. Gall's Indoor Bowling Club. It is hoped to resume the club (Covid Restrictions Permitting) at 7pm to 9pm on Thursday 23 September 2021. Everyone welcome, this is more a social event. Have a chat, make friends and bowl at the same time. Equipment and coaching provided. New members of all abilities are welcome. If interested, contact Gary Ballentine 07733616229 for further information and updates.

**Please remember Storehouse** You can leave a donation for Storehouse here at church on a Sunday. Our thanks to Anne and Bertie who deliver our donations.

### **Summertime on the Lawn Could we have coffee after church? Maybe.**

Standing suggestion going forward - bring a wee flask with you to church on Sundays. A biscuit? Whatever you fancy. Promise: If the sun is shining we shall have chairs available on the lawn beside the church after the service. A place to sit and have a socially distanced chat. Reconnect with friends in the safety of the fresh air.

### **Worship on Sunday**

It would be lovely to have an organist of our own. However, that is proving to be something of a challenge at the moment so we are making our own music. Question : Are you a pianist? A musician? Get in touch with the Rector if you'd like to help.

### **Worship on Wednesday - Mid Week Holy Communion**

A return to a mid week Holy Communion service is what's happening- **on Wednesday at 10.30** This service will be held in the main church to allow for ample social distancing. As a service of Holy Communion it will be held as per our previous Holy Communion services with members of the congregation bringing along their own bread and wine. Communion will be received in your own seat.