

## Morning Prayer from St Gall's Church

The Sixth Sunday after Trinity

11th July 2021



Welcome & Greeting

May God be among us throughout this day

**Amen**

May Christ be beside us throughout this day

**Amen**

May the Spirit be within us throughout this day

**Amen**

We have come together in the name of Christ to offer our praise & thanksgiving, to hear & receive God's holy word, to seek the forgiveness of our sins, & to pray for the needs of the world, that by the power of the Holy Spirit we may give ourselves to the service of God.

O Lord, open our lips,

**And our mouth will proclaim your praise.**

Let us worship the Lord.

**All praise to his name.**

Hymn 322 : I Bind Unto Myself Today

Do not enter into judgement with your servant, O Lord; for no one living is righteous before you. *Psalm 143 v2*

Let us renew our resolve to have done with all that is evil and confess our sins in penitence and faith.

**O God, our loving Father in heaven, we confess that we have sinned against you; we have broken your commandments; we have often been selfish, and we have not loved you as we should. For these, and all our sins, forgive us, we pray: through our Lord and Saviour Jesus Christ. Amen.**

*The priest pronounces the absolution.*

May the Father of all mercies cleanse you from your sins, and restore you in his image to the praise and glory of his name, through Jesus Christ our Lord. **Amen.**

Your word is a lantern to my feet  
**and a light upon our path.**

O Lord, your word is everlasting:

**it stands firm for ever in the heavens.**

Let us then receive the word of the Lord.

**so may the light of your presence shine into our hearts.**

Psalm 24

1 The earth is the Lord's and all that fills it,  
**the compass of the world and all who dwell therein.**

2 For he has founded it upon the seas  
**and set it firm upon the rivers of the deep.**

3 'Who shall ascend the hill of the Lord,  
**or who can rise up in his holy place?'**

4 'Those who have clean hands and a pure heart,  
**who have not lifted up their soul to an idol,  
nor sworn an oath to a lie;**

5 'They shall receive a blessing from the Lord,  
**a just reward from the God of their salvation.'**

6 Such is the company of those who seek him,  
**of those who seek your face, O God of Jacob.**

7 Lift up your heads, O gates;  
**be lifted up, you everlasting doors;  
and the King of glory shall come in.**

8 'Who is the King of glory?'  
**'The Lord, strong and mighty,  
the Lord who is mighty in battle.'**

9 Lift up your heads, O gates;  
**be lifted up, you everlasting doors;  
and the King of glory shall come in.**

10 'Who is this King of glory?'  
**'The Lord of hosts,  
he is the King of glory.'**

Glory be to the Father, and to the Son: and to the Holy Spirit;  
**As it was in the beginning, is now, and ever shall be:  
world without end. Amen**

## 1st Lesson: Ephesians 1: 3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ\* before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth.

In Christ we have also obtained an inheritance,\* having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this\* is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

This is the Word of the Lord  
**Thanks be to God**

Canticle - Saviour of the World

1 Jesus, Saviour of the world,  
come to us | in your | mercy:

**we look to | you to | save and | help us.**

2 By your cross and your life laid down  
you set your | people | free:

**we look to | you to | save and | help us.**

3 When they were ready to perish you | saved · your disciples:  
**we look to | you to | come to · our | help.**

4 In the greatness of your mercy, loose us | from our | chains,  
**forgive the | sins of | all your | people.**

5 Make yourself known as our Saviour and | mighty · Deliverer;  
**save and | help us · that | we may | praise you.**

6 Come now and dwell with us | Lord Christ | Jesus:  
**hear our | prayer · and be | with us | always.**

7 And when you | come in · your | glory:  
**make us to be one with you**  
**and to share the life of your | kingdom. | Amen.**

2nd Lesson : Mark 6: 14-29

King Herod heard of it, for Jesus'\* name had become known. Some were\* saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod\* had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed;\* and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias\* came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.'

Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the Baptist on a platter.' The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's\* head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord  
**Praise to you, Lord Jesus Christ**

The Sermon : Canon Michael Parker

*The Affirmation of Faith. We stand together.*

Do you believe and trust in God the Father, who made the world?

**I believe and trust in him**

Do you believe and trust in his Son Jesus Christ, who redeemed mankind?

**I believe and trust in him.**

Do you believe and trust in the Holy Spirit who gives life to the people of God?

**I believe and trust in him.**

This is the faith of the Church.

**This is our faith. we believe and trust in One God, Father, Son and Holy Spirit.**

Hymn 352 : Give Thanks with a Grateful Heart

We come now to our intercessions. Let us pray.

We use this response :

Lord, in your mercy

**Hear our prayer**

The Collect for the 6th Sunday after Trinity

Merciful God, you have prepared for those who love you such good things as pass our understanding: Pour into our hearts such love toward you that we, loving you above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord.

**Amen.**

Gathering our prayers and praises into one, we pray:

**Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Lead us not into temptation but deliver us from evil.**

**For the kingdom, the power, and the glory are yours now and for ever.**

**Amen.**

The Blessing

God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; And the blessing of God Almighty, the Father, the Son and the Holy Spirit, be with you and remain with you always.

**Amen.**

Hymn 459 : For all the Saints

Prayer of Dismissal

The peace of the Lord be always with you

**And also with you.**

## **Church Notices**

### **Next Sunday - The Seventh Sunday after Trinity - 18th July 2021**

8.30 a.m. Early Holy Communion. Everyone welcome .

Please note: Bring bread and wine for socially distanced Communion

10 a.m. Morning Prayer

### **Mid Week Holy Communion - 10.30 on Wednesdays**

This service will be held in the main church to allow for ample social distancing.

The service of Holy Communion will be held as per our previous Holy Communion services with members of the congregation bringing along their own bread and wine.

Communion will be received in your own seat.

Share the good news!

All welcome!

### **Worship on Sunday**

It would be lovely to have an organist of our own. However, that is proving to be something of a challenge at the moment so we are making our own music.

Question : Are you a pianist? A musician? Guitar? Flute? Some new instrument you've learned in lockdown and would love to share?

Would you like to help with worship on a Sunday?

Get in touch with the Rector if you'd like to help.

### **Church Magazine**

Please note : We shall be publishing a church magazine for September. If you have an article you would like to submit please send it in to the parish office by 13th August. Thank you!

### **Storehouse**

If you bring it to church for donation to Storehouse Bertie & Anne will see it delivered to our local Storehouse.

# THE FOODBANK

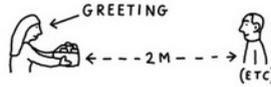
WAYS YOU CAN HELP



FIND OUT WHAT IS NEEDED



PICK UP EXTRA ITEMS WHEN YOU SHOP



VOLUNTEER  
(REALLY IMPORTANT AS MANY VOLUNTEERS OVER 65 AND NOW SELF-ISOLATING)

THEY DO A GREAT JOB AT THE FOODBANK



GOSSIP POSITIVELY



DONATE MONEY

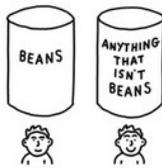


FUNDRAISE

WHY IS THE NEED FOR FOODBANKS INCREASING?



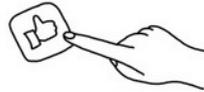
ASK AWKWARD QUESTIONS



[ BUT CHECK LOCALLY ]



ASK PEOPLE FOR FOODBANK DONATIONS RATHER THAN PRESENTS



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